



Erika Gowe #1

www.centraljerseylightning.com



Personal Information	
Address:	<u>57 Lynn Drive</u>
	<u>Andover NJ 07821</u>
Date of Birth:	<u>3/31/1995</u>
Home Phone:	<u>973-650-1437</u>
Cell Phone:	<u>973-534-7552</u>
Parents:	<u>Rob and Susan Gowe</u>
Parent Email:	<u>gowe@northjersey.com</u>

Academic Information	
Year of Graduation:	<u>2013</u>
High School:	<u>Lenape Valley Regional High School</u>
GPA:	<u>3.1</u>
Class Rank:	<u>63</u>
SAT/PSAT:	<u>NA</u>
College Major(s):	<u>Forensic Science/Criminal Justice</u>

Pitchers & Catchers	
<u>Pitchers</u>	
Left or Right Handed:	
Fastball Speed:	
# of Pitches:	
Go-to Pitches:	
<u>Catchers</u>	
Pop Time:	

Athletic Information	
Height:	<u>5'2"</u>
Weight:	<u>110</u>
Throws:	<u>Right</u>
Bats:	<u>Right</u>
Positions:	<u>2B, OF</u>
Batting Avg.:	<u>.328</u>
Field %:	<u>99.2</u>
Years Played:	<u>11</u>
Fastpitch	<u>10</u>
Travel	<u>10</u>
Home to 1 st Time:	<u>3.5</u>
Home to Home Time:	<u>13.8</u>
Overhand Throw:	<u>42</u>
	<u>Mph</u>

High School Team Information	
Division:	<u>DIII</u>
Coach Name:	<u>William Moore</u>
Coach Email:	<u>wmoore@lvhs.org</u>
Coach Phone:	<u>973-347-7600 x146</u>

Summer Travel Ball Team Information	
Division:	<u>Central Jersey Lightning Gold</u>
Coach Name:	<u>Dave Razzano</u>
Coach Email:	<u>drazzano@route18sports.com</u>
Coach Phone:	<u>1-908-331-1891</u>

Athletic Accomplishments:
2008 : 9th Place 12U PONY Nationals
2009: 5th Place 14U PONY Nationals
2009: 14U PONY STATE CHAMPION
2010: 3rd Place 14U PONY Nationals
2010: 16U PONY STATE RUNNER UP
2011: 18U East Coast Softball Academy

Academic Accomplishments:
Honor Roll, High Honor Roll, Scholar Athlete, Perfect Attendance

Clubs and Extracurricular Activities:
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Club Interact, Relay for Life, DECA.